



### What is your favorite type of exercise?

Bonus: Do you exercise more than once a week?

Yes 72% No 28%

- 28 Sports
- 22 Walking
- 19 Running
- 18 Muscle Training
- 8 Stretching
- 5 Dancing



### At school, did you enjoy sports day?

- 33 I liked it
- 24 It was okay
- 19 I disliked it
- 14 I loved it
- 10 I hated it



### What sport do you not enjoy?

- |               |                |
|---------------|----------------|
| 23 Baseball   | 7 Swimming     |
| 11 None       | 6 Tennis       |
| 11 Basketball | 6 Table Tennis |
| 11 Running    | 4 Judo         |
| 8 Soccer      | 3 Badminton    |
| 7 Volleyball  | 3 Golf         |

### What sport do you like to watch?

- |               |         |
|---------------|---------|
| 33 Baseball   | 2 Rugby |
| 29 Soccer     |         |
| 16 Volleyball |         |
| 10 Basketball |         |
| 5 Tennis      |         |
| 5 Ice Skating |         |



### What Olympic sport do you like to watch?

Bonus: Do you think you could win an Olympic medal?

Yes 11% No 89%

- |                    |                  |
|--------------------|------------------|
| 17 Soccer          | 6 Basketball     |
| 13 Volleyball      | 5 Badminton      |
| 13 Swimming        | 5 Figure Skating |
| 11 Track and Field | 5 Tennis         |
| 10 Baseball        | 5 Table Tennis   |
| 7 None             | 3 Skate Boarding |

### What sport do you like to play?

Bonus: Do you own a ball?

Yes 56% No 44%

- |               |                   |
|---------------|-------------------|
| 18 Badminton  | 6 Table Tennis    |
| 17 Basketball | 5 Dancing         |
| 15 Soccer     | 5 Martial Arts    |
| 12 Tennis     | 4 Swimming        |
| 9 Volleyball  | 2 Track and Field |
| 9 Baseball    |                   |

### How far do you think you run now?

Bonus: With training, could you run a marathon?

Yes 43% No 57%

- 27 4 km to 6 km
- 26 1 km to 3 km
- 19 1 km or less
- 15 6 km to 10 km
- 13 More than 10 km



### What extreme sport would you like to try?

- 41 Skydiving
- 28 Scuba Diving
- 15 Bungee Jumping
- 13 Paragliding
- 3 Hang Gliding

